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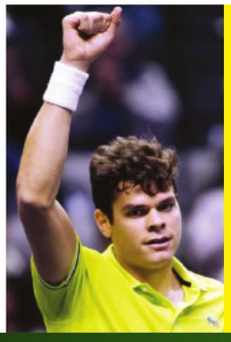

MILOS RAONIC THORNHILL TENNIS STAR CAPTURES SECOND SAP OPEN
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IT'S IN THE DETAILS
EASY WAYS TO MAKE SOMEONE HAPPY {page 13}

TORONTO metro®
Monday, February 20, 2012
www.metronews.ca
News worth sharing.

Ford TTC ally suggests house-cleaning is in order

Transit bureaucrats should support the mayor's mandate, Coun. Di Giorgio says

RENE JOHNSTON/TORSTAR NEWS SERVICE

▶ A supporter wears Rob Ford buttons at the mayor's walkabout event at Malvern Town Centre on Tapscott Road. Gary Webster, the TTC's chief general manager, is reported to be in Ford's sights for not backing the mayor's plans.

One of five city councillors behind the expected firing of the city's transit chief suggested Sunday that more senior transit managers may lose their jobs for not "respecting the office of the mayor."

"We will discuss whether removing some managers — and it may in fact be three, four, five — we may discuss whether that's the way to go," said Coun. Frank Di Giorgio, a TTC commissioner allied with Mayor Rob Ford, and one of the councillors who called a special TTC board meeting for Tuesday where it is believed chief general manager Gary Webster will be sacked.

Di Giorgio said the responsibility of the city's bureaucracy is to follow the will of the mayor and achieve the objectives set out by his mandate, which TTC managers have failed to do.

"We're trying to eliminate some of the problems that surfaced over the last month that ... need not have surfaced."

The city's uncertain transit future has been especially tumultuous as of late, as Ford's apparent unwillingness to compromise his underground-only transit vision has left him struggling to get that vision on track.

The mayor was sidelined earlier this month when city council voted 25-18 in favour of a competing transit plan championed by TTC chair, and former Ford ally, Karen Stintz.

Webster, a civil engineer who has worked his entire 35-year career at the TTC, has long drawn the ire of the Ford administration for his refusal to build an operational case for extending the subway on Sheppard Avenue East or burying the Eglinton Avenue LRT.

TORSTAR NEWS SERVICE

Kidnapping

Charges laid in sex assault of girl, 4

Suspect allegedly grabbed child from her North York home on Boxing Day {page 3}

Hack attack

RCMP investigating Anonymous' threats to Vic Toews {page 7}

Adele to sue over sex-tape claims

French mag's photos are 'grossly defamatory': Lawyer {page 12}

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Man charged in sex assault of girl, 4

Police have arrested a man in connection with the kidnapping and sexual assault of a four-year-old girl in North York last Boxing Day.

Toronto police arrested and charged the man on Saturday, nearly two months after the child was grabbed from a house near Bathurst Street and Wilson Avenue.

But investigators remain tight-lipped on the man's identity and charges.

The man appeared in a Toronto court Sunday, where police obtained a court-ordered publication ban on his details.

"We owe it to the family and the victim to ensure that the accused is prosecuted properly," said Const. Wendy Drummond, noting that police requested the ban to protect the "ongoing investigation."

Police believe the man entered the home between 3 a.m. and 3:30 a.m. on Boxing Day, grabbed the girl, who was visiting family from Connecticut at the time, and fled the house.

Family members found the girl outside the house within minutes of the abduction and saw a man running from the scene, police said.

The young girl was taken to hospital where it was confirmed that she had been sexually assaulted. She was released the following day.

Drummond said investigators plan to release the man's identity and charges at a press conference on Tuesday.

TORSTAR NEWS SERVICE

CONTRIBUTED

▶ A photo from shows the Eversley Hall mansion bought for $3.6 million on Aug. 28, 2009, by Rustem Tursunbayev, inset.

Kazakh fugitive lived in King City mansion

Man accused of fraud, counterfeiting and organized crime believed to have lived in GTA since July 2009

A Kazakh fugitive accused of embezzling about $20 million from his homeland was living in a lavish King City mansion until his recent arrest.

Accused in Kazakhstan of organized crime, Rustem Tursunbayev's life on the run ended when Toronto police and the Canada Border Services Agency arrested him on an immigration warrant Feb. 10.

"He is believed to be inadmissible to Canada under the organized criminality sections of the Immigration and Refugee Protection Act," CBSA spokeswoman Antonella DiGirolamo wrote in an email.

Tursunbayev, 49, is believed to have lived in the GTA since he entered Canada as a permanent resident in July 2009, police said.

Property records show Tursunbayev and his wife, Nataliya, bought their four-bedroom, seven-bathroom house, complete with a pool, for $3.6 million in August 2009. His wife chronicled the transition to Canadian life on her blog, written in Russian.

"Good or bad, is not yet clear. On the one hand — well, that we are in a new free country, on the other — sadly, without relatives and friends," she wrote on Dec. 30, 2009.

TORSTAR NEWS SERVICE

Corruption

- Corruption is rife in Kazakhstan, especially in the area of public spending, according to a 2011 report by the Organization for Economic Co-operation and Development.
- While in Canada, Tursunbayev followed affairs back home. He posted numerous articles on Kazakh politics on Facebook, as well as on Transparency International's 2011 list of the most corrupt countries.

1 news

News Corp. has announced that The Sun, a new tabloid designed to replace the disgraced News of the World, will rise next week. Scan the code to read the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Hundreds of cars decked with ribbons and balloons join demonstrators in Moscow demanding free elections in Russia. Watch at metronews.ca/video

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Architecture app puts city at your fingertips

On a sunny day, light streams into the Allen Lambert Galleria at Toronto's Brookfield Place, drenching the hustle-and-bustle of the financial district below.

Take a moment inside the atrium to glance upward and you'll see an arched canopy of criss-crossing steel and glass. Some may know the atrium was designed by Spanish architect Santiago Calatrava.

For everyone else, a pocket-size interactive guide awaits.

The Ryerson Architecture Mobile app, free for most smartphones, was recently released by Ryerson University to help students and the general public better understand and engage with Toronto's architecture, past and present.

It's the brainchild of Vincent Hui, a Ryerson architectural science professor who said he was inspired to create the app in late 2010 after he moved to the city from the University of Waterloo. He wanted to find a way to take advantage of Toronto's architecture to improve his lesson plans, he said.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

▶ Ryerson Prof. Vincent Hui, seen here on Feb. 10, has developed an architecture app that allows users to access everything from floor plans to historical data about buildings downtown.

"We have a lot of world-renowned architects building in Toronto, yet a lot of it goes under the radar on the international scene," Hui said. "I wanted students to engage with the built environment."

In early 2011, Hui and fellow architectural-science professors teamed up with Ryerson librarian Graham McCarthy and more than 60 student volunteers to collect data — including information provided by Canadian Architect magazine archives. They then designed the app and released a prototype last summer.

The app offers detailed information about more than 90 buildings around the city — including information about their form and function, the architects involved, design sketches and photos from past and present.

TORSTAR NEWS SERVICE

Video of Batman's night out an online hit

FAR FROM GOTHAM. There may not be any bat signals in the sky, but Toronto has at least one Dark Knight watching over us — all in good fun, of course.

In a video that's gone viral since its release Friday, a man dressed in a Batman costume is seen around the city — on the subway, outside city hall, in a Starbucks — asking (rather, screaming) at passersby, "WHERE ARE THEY?"

Presumably, "they" are the bad guys.

At the climax of the video, Batman gets a beef-jerky stick ("original, not spicy") and screams about his parents being dead while two excited girls hug him outside the Eaton Centre. TORSTAR NEWS SERVICE

YOUTUBE.COM

118K

As of press time, the video had earned almost 118,400 views on YouTube since Friday.

Scan the code or go to metronews.ca to watch the video.

Caped crusader

- The man behind the mask is Toronto resident and standup comedian Alex Brovedani, who can switch between his normal voice and Batman's deep, throaty growl at a moment's notice.
- Brovedani first donned the suit in 2005 for Halloween. He currently busks at Yonge and Dundas and sometimes the Air Canada Centre.
- For Brovedani, being Batman is a way to make money and choose his own schedule.
- And, yes, the suit gets hot. "I got used to it," he said. "The hottest part is actually the chest."
- Turns out, being Batman isn't as easy as Christian Bale makes it look. "I got a Batman tan around my face," Brovedani joked.
- The man behind the camera is Sean Ward, who runs the experimental media studio Harth TV.

Family Day activities

There's plenty to do in and around the city today.

1. Skating at waterfront
— 10 a.m. to 10 p.m.
— 235 Queens Quay W., waterfrontbia.com 416-596-9821.
— Free admission.

Take in views of Lake Ontario and the Toronto Islands while skating on Canada's largest artificially cooled outdoor rink. Skate and helmet rentals available. Visit harbourfrontcentre.com for more details.

2. Hockey Hall of Fame
— 10 a.m. to 5 p.m.
— 30 Yonge St., hhof.com, 416-360-7765.
— Kids 13 and under free (up to four with purchase of regular adult admission).

Take a look around a replica NHL dressing room and learn all about your favourite players before you check out the collection of hockey sticks, pucks and sweaters from around the world and lay your hands on the Stanley Cup.

3. ROM
— 10 a.m. to 5:30 p.m.
— 100 Queen's Park, rom.on.ca, 416-586-8000.
— Ancient Maya exhibit free with admission. No registration required.

Dig for treasure, build a pyramid, create a worry doll and taste luscious chocolate at interactive workshops. Visitors with an iPhone or Android phone can download the SCVNGR app to join the first ROM SCVNGR Trek. Complete four challenges to be eligible for a private behind-the-scenes tour with a ROM curator. The trek starts at 1 p.m.

4. Casa Loma
— Starting at 10 a.m.
— 1 Austin Terrace, casaloma.org, 647-725-1826 or 647-725-1822.
— Tea with Teddy registration required. Children: $15.50 + HST. Adults: $21 + HST. Admission included.

Snuggle with your favourite teddy at a reading of Goldilocks and the Three Bears while sipping on tea or hot chocolate and snacking on freshly baked scones with jam.

TORSTAR NEWS SERVICE

BREAKING NEWS

U.S. REAL ESTATE HAS BOTTOMED OUT!

7 Deadliest Mistakes All Canadians Make When Buying U.S. Real Estate

Fellow Canadians - a new video series has just recently been released which reveals the 7 costly mistakes that ALL Canadians make when buying U.S. real estate, and a 23 step system that can help you prevent these common mistakes in order to protect your investment.

This video series clearly shows how a typical Canadian loses an average of $30,000 when buying U.S. real estate. The fact of the matter is that the U.S. is a foreign country with an entirely different tax system that the CRA frowns upon – worse yet – with regulations written against foreigners, such as the famous "world estate tax".

Don't just google "U.S. Real Estate" **until** you watch and learn the proven methods.

This video series exposes the 7 deadliest mistakes that cost Canadians tens of thousands of dollars. The good news is that each and every one of these mistakes are entirely preventable. In answer to these issues, Canada's only active U.S. real estate expert - Steve Martel - has prepared a free video series entitled "Buying U.S. Real Estate The Proven Way".

To gain instant access to this video series, visit www.USCONQUEST.com

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CARDINAL THOMAS COLLINS

Toronto archbishop elevated to cardinal

Pope Benedict led 22 new cardinals in a Sunday mass and prayed for help so that he and his aides can carry out the Catholic church's worldwide mission.

Toronto Archbishop Thomas Collins, 65, was among those elevated to the College of Cardinals on Saturday.

Benedict, who turns 85 in April, read a long homily and told the new cardinals their main task is to "bear witness to the joy of Christ's love."

The Vatican has been embarrassed by months of intrigue involving alleged corruption and apparent jockeying for power within the hierarchy with a view to the next papacy.

THE ASSOCIATED PRESS

▶ Collins

Grim picture emerging of foster-care system

Overcrowding, fewer foster homes threatening vulnerable kids

FRED CHARTRAND/THE CANADIAN PRESS

▶ Peter Dudding, pictured in the Ottawa office of the Child Welfare League of Canada, says repeated efforts to recruit more foster families have had limited success as policies fluctuate between a focus on family unification and what's best for the child.

Some children are placed in foster care without full safety checks, while others wind up in supervised apartments or overcrowded homes, say child advocates who warn of a deepening crisis across the country.

"There are problems when you hear people from the front line talking about the fact that we're placing kids in homes where the study hasn't been done," said Peter Dudding, executive director of the Child Welfare League of Canada.

British Columbia's children's advocate has reviewed the child-welfare system extensively over the years, finding numerous instances of children being placed in homes that weren't adequately screened.

Mary Ellen Turpel-Lafond, B.C.'s representative for children and youth, said some caregivers had criminal records involving sexual offences, but were used because the welfare system was desperate for a placement.

"We've got kids being placed in homes where the home is over the allowable number of children."

PETER DUDDING, CHILD WELFARE LEAGUE OF CANADA

"My sense is that there have been some improvements, but I'm still seeing cases where people don't know how to do the screening or they're bypassing screening," she said of an overhaul of the B.C. system in 2010.

The situation is much the same across the country, Dudding said.

Compounding the problem is the dwindling number of families willing to help increasingly troubled kids across Canada, he said.

It has been the same story of a chronic crisis in foster care for most of his 42-year career in social work, he said from Ottawa, but "one that's getting worse, not better."

THE CANADIAN PRESS

For more on foster care in Canada, go to metronews.ca.

'Non-conforming' young people at risk of abuse: Study

One in 10 children is at risk of abuse and more likely to suffer from post-traumatic stress disorder if the child exhibits gender behaviour different than that typically expressed by their biological sex, a Harvard study says.

Researchers at the Harvard School of Public Health found that when children's activities, interests and pretend playing isn't that typically expressed by their biological sex — "gender non-conformity" — they face a heightened risk of being abused. They are also at risk of suffering from post-traumatic stress disorder and acting out in such behaviours as engaging in unprotected sex.

"The abuse we examined was mostly perpetrated by parents or other adults in the home," lead author Andrea Roberts said.

"Parents need to be aware that discrimination against gender non-conformity affects one in 10 kids, affects kids at a very young age and has lasting impacts on health," she said.

"When people think of non-conforming kids, they think of boys insisting on wearing dresses or girls insisting on cutting their hair short," she said. "But we're talking about a subtle level of non-conforming."

TORSTAR NEWS SERVICE

Gender divide

- **The researchers analyzed** data from nearly 9,000 young adults who enrolled in the study in 1996.
- **They found that men** ranked in the top 10th percentile of childhood gender non-conformity reported a higher prevalence of sexual and physical abuse before age 11 and a higher prevalence of psychological abuse between ages 11 and 17 compared with those below the median of non-conformity.
- **Women in the top 10th** percentile reported a higher prevalence of all forms of abuse.

Want stats on foster care? You're out of luck

No reliable national statistics exist on children in foster care in Canada, a situation compounded by the differences in how data is collected at the provincial and territorial levels.

"We know ridiculously little about these kids," said Nico Trocme, who directs the Centre for Research on Children and Families at McGill University in Montreal.

"I can't answer a basic question like how many kids are in foster care in Canada," said Trocme, whose research is carried out in collaboration with Canadian universities.

Knowing how a child turned out can be helpful in determining the efficiency of services, said Virginia Rowden, social policy director for the Ontario Association of Children's Aid Societies.

$1M It can cost taxpayers $1 million to care for a child who comes into foster care as an infant and leaves when they're 20, says Virginia Rowden, social policy director for the Ontario Association of Children's Aid Societies.

"Are they working? Are they educated? Are they healthy? Are they forming their own families? Are they living on the street? Are they sick? We don't know those things."

The lack of reliable national data on kids in foster care can pose a challenge to policy-makers, experts say.

"The real value of this information is it allows more reflection, more comparative understanding in producing successful outcomes," says Peter Dudding, chief executive of the Child Welfare League of Canada.

THE CANADIAN PRESS

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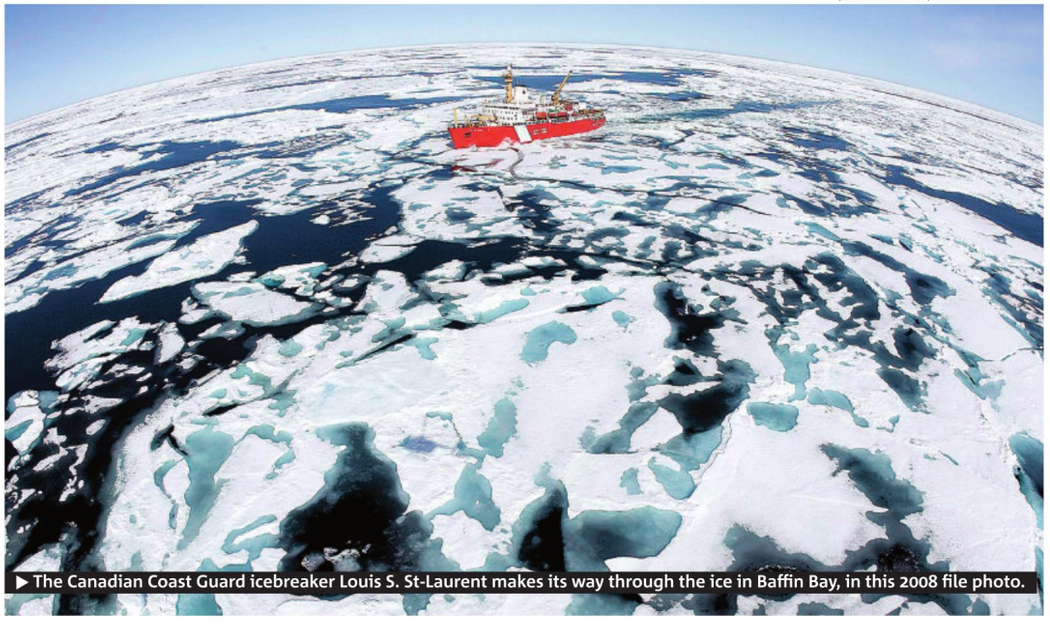
Navy wants to boost presence in the Arctic

Vice-Admiral Paul Maddison says climate change is melting ice and creating open water faster than first predicted

JONATHAN HAYWARD/THE CANADIAN PRESS FILE



▶ The Canadian Coast Guard icebreaker Louis S. St-Laurent makes its way through the ice in Baffin Bay, in this 2008 file photo.

The head of the Royal Canadian Navy says Canada needs to bolster its military presence in the Arctic to prepare for a boom in human and economic activity resulting largely from climate change.

Global warming is thought to be occurring faster in the North than anywhere else. The gradual disappearance of sea ice is opening up commercial shipping as well as previously inaccessible areas rich with oil, natural gas and mineral resources.

"From a naval perspective, climate change probably means there will be more open water, so the Arctic Ocean will really emerge as the Arctic Ocean," Vice-Admiral Paul Maddison, commander of the Royal Canadian Navy, said in a recent interview.

"It also means ... that the circumpolar route will probably open to international shipping from Asia to Europe sometime in this century — probably a lot earlier than most people predicted a few years ago," he said.

"I know that major shipping companies are planning now to be able to have ships that are first-year-ice-capable sailing out of Singapore and over the pole into Rotterdam.

"That's a game changer in my view.... A shorter distance, so less time, less money."

"We will want to know what's happening. The economic activity is attracting a greater human footprint, so that brings greater opportunity. But it also brings risk — risk of pollution incidents, risk of search-and-rescue incidents, risk from a public-health perspective."

VICE-ADMIRAL PAUL MADDISON

Prime Minister Stephen Harper has been vocal about asserting Canada's sovereignty in the region. As part of the government's national shipbuilding strategy, new icebreakers and Arctic offshore patrol ships are on order. Maddison said the first patrol ship is expected in 2015.

He would like to see even more resources put into improving the navy's surveillance abilities in the North.

THE CANADIAN PRESS

Pro-Palestinian remark dropped from Baird speech, documents show

DAVID KARP/THE CANADIAN PRESS

▶ Foreign Minister John Baird

A Canadian expression of goodwill toward the Palestinian people was left on the cutting-room floor when Foreign Affairs Minister John Baird addressed the United Nations General Assembly last fall.

Baird rejected early departmental drafts of his maiden address to the UN that said Canada is a "leading supporter" of the Palestinian people and outlined major spending that backed that assertion, The Canadian Press has learned.

Baird ended up delivering a much tougher address than envisioned by his speech writers, one that unequivocally emphasized Canada's support for Israel — a position for which he makes no apologies and which has generated much criticism of the Harper Conservatives.

THE CANADIAN PRESS

Anonymous threatens Toews

Hacker group Anonymous is demanding Canada's Public Safety Minister Vic Toews put an end to proposed Internet surveillance legislation, Bill C-30, and resign, or they say they will release information during Operation White North.

In a video uploaded Thursday, the group speaks out against Bill C-30, which critics say would give police too much snooping power and violate Canadians' privacy.

If passed, the bill would allow authorities to demand Internet service providers to hand over subscriber information such as name, email address, and Internet Protocol (IP) address without a warrant.

The video features an image of a masked man and a computerized voice-over talking about the Protecting Children from Internet Predators Act. JOE LOFARO IN OTTAWA/FILES FROM THE CANADIAN PRESS

44 killed in Mexico prison fight

A fight among inmates led to a prison riot in northern Mexico that killed 44 people Sunday, a security official said.

Nuevo Leon state public security spokesman Jorge Domene Zambrano said the riot broke out at about 2 a.m. in a high-security section of a prison in the city of Apodaca outside the northern industrial city of Monterrey.

Several inmates attacked others, and the fighting then spread and blew up into a riot, Domene said.

THE ASSOCIATED PRESS

S. Korea conducts drills despite threat

South Korea on Monday conducted live-fire military drills from five islands near its disputed sea boundary with North Korea, despite Pyongyang's threat to attack.

South Korea reported no immediate action by North Korea following the drills, which ended after about two hours. They took place in an area of the Yellow Sea that was the target of a North Korean artillery attack in 2010 that killed four South Koreans and raised fears of a wider conflict.

THE ASSOCIATED PRESS

Coal bigger threat to climate than oilsands: Study

One of the world's top climate scientists has calculated that emissions from Alberta's oilsands are unlikely to make a big difference to global warming and that the real threat to the planet comes from burning coal.

University of Victoria's Andrew Weaver and colleague Neil Stewart found that if all the hydrocarbons in the oilsands were mined and consumed, the carbon dioxide released would raise global temperatures by about .36 degrees C.

15 The study states that burning all the globe's coal deposits would create a 15 C increase in temperature.

That's about half the total amount of warming over the last century.

When only commercially viable oilsands deposits are considered, the temperature increase is only .03 degrees C.

In contrast, the paper concludes that burning all the globe's vast coal deposits would create a 15 C increase in temperature. Burning all the abundant natural gas would warm the planet by more than 3 C. THE CANADIAN PRESS

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Another inquest into dingo's role in baby death

Australia reopens 32-year-old mystery for fourth time

The growl came first, low and throaty, piercing the darkness that had fallen across the remote Australian desert. A baby's cry followed, then abruptly went silent. Inside the tent, the infant girl had vanished. Outside, her mother was screaming: "The dingo's got my baby!"

With those panicked words, the mystery of Azaria Chamberlain's disappearance in the Australian Outback in 1980 became the most notorious, divisive and baffling legal drama in the country's history. Had a wild dog really taken the baby? Or had Azaria's mother, Lindy, slit her daughter's throat and buried her in the desert?

THE ASSOCIATED PRESS

▶ Lindy Chamberlain in a Feb. 2, 1982, file photo.

Thirty-two years later, Australian officials hope to finally, definitively, determine how Azaria died when the Northern Territory coroner opens a fourth inquest on Friday. Lindy Chamberlain, who was convicted of murdering her daughter and later cleared, is still waiting for authorities to close the case that made her the most hated person in Australia.

To the rest of the world, the case is largely known for its place in pop culture: countless books, an opera, the Meryl Streep movie "A Cry in the Dark," and the sitcom Seinfeld's spoof of Lindy's cry, "Maybe the dingo ate your baby!"

But to Australians, the case is about much more than the guilt or innocence of one woman. It is about the guilt or innocence of a nation — a nation that prides itself on the concept of a "fair go," an equal chance, for all.

THE ASSOCIATED PRESS

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Caffeine inhaler invites scrutiny

FDA to test whether product is safe, legal Each dose provides normal amount of caffeine: Company

U.S. Food and Drug Administration officials plan to investigate whether inhalable caffeine sold in lipstick-sized canisters is safe for consumers and if its manufacturer was right to brand it as a dietary supplement.

AeroShot went on the market last month in Massachusetts and New York. Consumers put one end of the canister in their mouths and breathe in, releasing a fine powder that dissolves. AeroShot inventor, Harvard biomedical engineering professor David Edwards, says the product doesn't contain taurine and other additives used in energy drinks. AeroShot didn't require FDA review before hitting the market because it's sold as a dietary supplement. THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. FRIDAY

TSX	Dollar
- 27.29 (12,458.30)	+ 0.08¢ (100.43¢ US)
Oil	**Natural gas**
+ 93¢ US ($103.24 US)	$2.68 US (+ 12¢ US)
	Gold
	$1,725 US (- $3.40 US)

Scan. Purchase

▶ The walls of Sydney's Town Hall Station are bedecked to resemble a Woolworths' supermarket shelf in Australia's first virtual supermarket on Sunday.

MARIANNA MASSEY/GETTY IMAGES FOR WOOLWORTHS

A new to shop on the go

Woolworths supermarket launched its virtual supermarket in Sydney's busy commuter hub to advertise the new app, which will allow commuters to choose products, scan product barcodes, pay for their order and have products delivered to their home or work.

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CONTRIBUTED/CHRISTIAN BOBAK

▶ Combatants battle at Women's Arm Wrestling for Charity.

WOMEN GO ARM-TO-ARM FOR CHARITY

URBAN COMPASS

LIA GRAINGER
METRO TORONTO

By day, Mandy Flinn, 24, is a demure chartered accountant. But by night, she dons thigh-high, eight-inch studded boots, teases her long red mane and answers to the name Scarlett O'Terror. Then she struts down to Bar 751 on Queen Street West and goes head-to-head and arm-to-arm with other brave broads in the Women's Arm Wrestling for Charity competition.

"I've won twice," says Flinn, who adopts her sassy persona specifically for the charity tournaments, which are held every two to three months and attract about 250 spectators. The raucous show of female strength is the brainchild of musician Scotty B. Goode and promoter Steve Rock, and will take over 751 this coming Saturday.

"We were hanging at Ted's Collision, and these women at the next table were arm wrestling," says Goode. "We thought, Imagine if this was a night?" And soon it was, complete with a mouthy host (Goode), shredding rock 'n' roll theme music, 16 female competitors — each with a cheering entourage — and some of the most outrageous costumes since '80s WWF.

Rock says he's heard of ladies' wrestling competitions in the U.S., but nothing quite like this. "Theirs will be from 7 to 9 in a diner with florescent lighting somewhere in North Carolina," says Rock.

And while 751's $10 pitchers help make the night a party, it's important to remember that it's all in the name of a good cause. Proceeds from the evening (it's $5 to watch, $2 to compete) go to a different charity each event. This week it's Plan Canada's BecauseIamaGirl.ca campaign, in support of girls in the developing world.

"Use your muscle to help other women find their strength," says Rock.

Thinking of competing? While there is a stable of regular and spectacularly costumed regulars, walk-ins are always welcome, provided there's space.

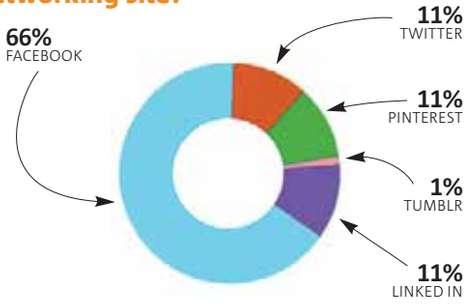
If you can't make this weekend's showdown, there's another event planned for April 28. Women's Arm Wrestling for Charity has grown so popular that the gang is taking the show on the road, with competitions planned for Montreal and New York this spring.

For more information, visit Torontocharities.ca/womens-arm-wrestling-charity.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What is your favourite social-media networking site?



Local tweets

#topoli #OWS #G20

- **@catpaw:** Historians will look back on 2012 and collectively say "WTF was in the water"? #tellviceverything #cdnpoli
- **@jogiat99:** Can Burke pull the trigger on the Rick Nash trade already.
- **@Kris__Harrison:** if only people would question the government as hard as they question those questioning the government
- **@commoncentsmom:** Did you know that @Target is coming to #Toronto with a popup store on Feb 23 featuring the creations of Jason Wu?
- **@edwardchik:** I particularly liked Lin's shout out to Steve Novak, giving him not only props but helping him shine with a real chance to contribute.
- **@JonathanBrazeau:** Wondering if Burke and Howson had waffles for breakfast

NIKITA NOMERZ/REX FEATURES

Daily Zoom

Screaming wall

Putting a smile on buildings

NIZHNY NOVGOROD, RUSSIA. If walls could talk, they might look something like this. In the Russian city of Nizhny Novgorod, street artist Nikita Nomerz gives dilapidated urban spaces a bit more personality by painting whimsical faces that express everything from happiness and anger to anxiety and deep thought. MWN

1

It takes Nomerz one hour to complete one of his "wall faces." In an interview at a recent Russian graffiti festival, Nomerz identified his home country's own particular style of street art: "Being able to draw outside in -25 C, now that's our style!"

They're like 'actual people'

OPINION. Through his art, Nomerz hopes people can cherish their surroundings. "It'd be nice if people began paying more attention to what's around them," he says. He treats his wall faces as if they were real people: "I do not want to offend any of them, speaking about just one. Because these walls are alive." MWN

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The legacy of Whitney

As the singer is laid to rest, experts ponder her legacy and what it means for her music

HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

JAKUBASZEK/GETTY IMAGES

▶ Will Whitney Houston become a top deceased celebrity earner like Michael Jackson and Elvis Presley?

As Whitney Houston's funeral took place this past Saturday, the tragedy of her death is still fresh in our minds. However, Houston, like Michael Jackson, may have a legacy that can outlive our collective memory of her somewhat tainted past.

But that doesn't happen on its own. There are professionals who specialize in the act of "sanitizing" the image of a deceased celebrity. "The estates of dead celebrities these days are so savvy and there's a handful of people that manage it in Hollywood," explains Jo Piazza, author of Celebrity Inc. How Famous People Make Money. "Whitney's estate will likely sign on with one of them because they know what to do to kind of sanitize a celebrity who has died in an unsavory way. They're also bulldogs to make sure that the image is not used in a way that is one, not profitable for them and two, will continue to damage the brand in perpetuity."

Piazza notes that Michael Jackson's estate used the same experts that had worked on Elvis Presley's estate after he died. Many may forget that Presley also died young and, on the toilet. But Jackson and Presley at the top two dead celebrity earners. Why? Because they present branding that allows new generations to become fans and then, consumers.

"Michael Jackson's estate benefited from the fact that Conrad Murray was convicted," she says. "That kind of clears his name and de-stigmatizes him going forward. The way Whitney Houston died, that's not a family-friendly way to die. And if you die in an un-family friendly way, similar to Amy Winehouse, it's hard for parents to encourage that next generation of consumers to sign on to this brand."

Michael Jackson and Elvis Presley's respective Cirque du Soleil shows, in addition to Presley's Graceland, not only generate big money for their estates, but indoctrinate new generations as fans of their music.

But can Houston manage to overcome the same sort of branding crisis? Piazza doesn't think so. "I don't think that her brand was as strong as Jackson and Presley's," she says. "I don't think that she had a strong enough catalogue in one genre to be able to do anything in perpetuity."

Piazza also notes that because Houston did not write her songs, she also stands to make less money from her catalogue going forward.

$10M
The amount Houston's estate may earn in the next 12 months according to estimates by Forbes Magazine.

Dorothy Pomerantz is an entertainment journalist for Forbes Magazine and compiles the annual list of top-earning dead celebrities. She takes a more hopeful perspective on the future of Houston's legacy.

"Yes, the way Whitney Houston died was incredibly sad, but what's going to matter is how her heirs and her estate managers handle her name going forward," Pomerantz says. "There's no reason that something similar [to the success of Presley and Jackson] couldn't happen with Whitney Houston after her estate and her name have had room to separate from the way she died. Five years from now, will Whitney be remembered for her grace and for her songs? Or will she be remembered for dying from whatever comes out in the autopsy? It takes PR and smart planning and smart work. There's potential there."

2 scene

Box office

The weekend box office is too close to call as the action tale Safe House and the love story The Vow compete for the No. 1 spot. Based on Sunday's studio estimates, Safe House had a slim lead with $24 million from Friday to Sunday. That's a fraction ahead of The Vow with $23.6 million. The winner won't be known for certain until Tuesday, when studios will report final numbers. Ghost Rider: Spirit of Vengeance opened at No. 3 with $22 million.
THE ASSOCIATED PRESS

Aretha Franklin remembers Whitney Houston in show at Radio City Music Hall in NYC

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369

Is there a sex tape of Adele?

- After rocking the Grammys, things were going a bit too well for Adele
- French magazine publishes photos that claim to show singer having sex

ALL PHOTOS GETTY IMAGES

▶ Adele

In a sure sign that she's officially famous, Adele is suing French magazine Public for publishing fake photographs claimed to be from a sex tape featuring the Grammy winner, according to the Daily Mail.

"We are informed that the French magazine Public has today published images which it claims show our client in a sex tape," Adele's lawyers said in a statement.

"Our client has not appeared in a sex tape as claimed in the article. Our client does not appear in the photographs. Such claims are untrue and grossly defamatory. Our client is taking legal action in relation to this matter." METRO

"Our client has not appeared in a sex tape as claimed in the article. Our client does not appear in the photographs."
ADELE'S LAWYERS

'I'm tired of lying': Sheen

After months of playing nice and polite, Charlie Sheen is lashing out at former employer Two and a Half Men and the show's new star, Ashton Kutcher.

"I'm tired of lying. I'm tired of pretending the show doesn't suck. I'm tired of pretending Ashton doesn't suck," Sheen says in a new rant to TMZ.

"It's nothing personal. I just feel bad for him. He's saddled with such bad writing." So what spurred the tirade?

Apparently Sheen used an image from Two and a Half Men to promote his new show, Anger Management, which triggered a cease and desist order from his old bosses. METRO

▶ Charlie Sheen

Celebrity tweets

@JohnTheCho
Overheard at playground from one mom to another: "I've been to sooo many strip clubs."

@EvaLongoria
How is it 2012 and we're fighting over birth control?

@SarahKSilverman
If you feel like everyone is judging you, congratulations! You're an alcoholic

@kevin_nealon
Seeing '5 refills' on my bottle of Valium is like seeing my car's gas gauge pointing to full.

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First comes puppy, then comes baby?

Jennifer Aniston and Justin Theroux have expanded their family, Theroux admits — by adopting a puppy.

"She's the most adorable little cookie you've ever seen," Theroux tells New York magazine. "She looks like she just smoked an exploding cigar."

The dog, named Sophie, is a 3-month-old boxer-pitbull mix, the actor and screenwriter says. METRO

▶ Jennifer Aniston and Justin Theroux

Janet may soon be a judge on the X factor

Speculation is running rampant that Fox will announce Janet Jackson as a new judge for the X Factor, according to Us Weekly.

"She wants a spot on the judging panel," a source says of the singer.

And an exchange she shares with Anderson Cooper when he mentioned the reality show during a recent interview doesn't help.

"Oh my God," she said, bursting into a fit of giggles and covering her face. "No, I am not a judge on the X Factor."

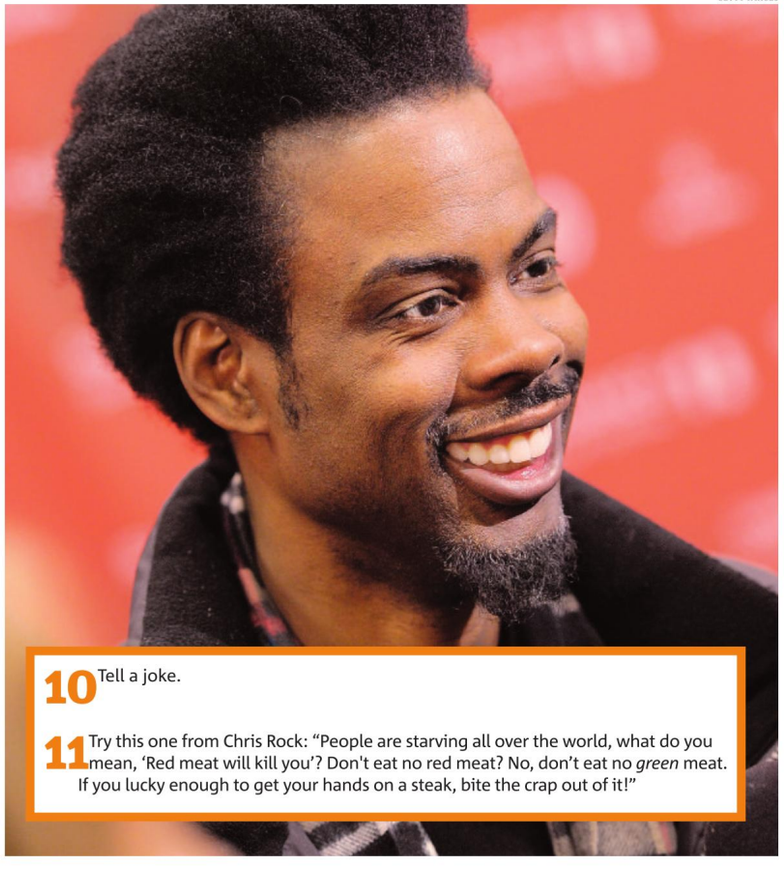
When Anderson corrected her with, "You're not currently a judge on the X Factor," Jackson stealthily replied, "No, I am not. But that's all I really think I should say." METRO

▶ Janet Jackson

42 ways to make someone happy

Some are clever, some are obvious — and you could be doing all of them for friends, family and even co-workers

GETTY IMAGES

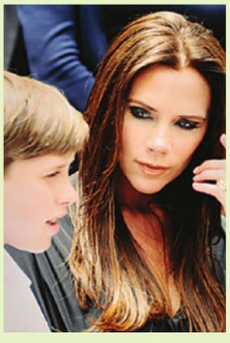


1 Smile. Try it this morning on the subway.

2 Help carry something home from the grocery store

3 Send a thank-you email. Even if it's just thanking a friend for being alive.

4 Call just to see how they're doing.



5 Yes, even your mom. Especially your mom.

6 Pick them flowers.

7 Cook them a nice meal.

8 Try a fish dish — the Omega-3s will brighten their mood.

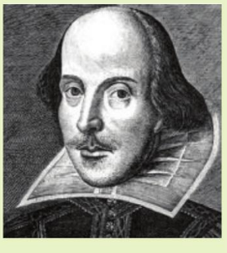
9 Or if you're really lazy, peel and slice an orange — no one loves doing that, you get all sticky for them.

10 Tell a joke.

11 Try this one from Chris Rock: "People are starving all over the world, what do you mean, 'Red meat will kill you'? Don't eat no red meat? No, don't eat no *green* meat. If you lucky enough to get your hands on a steak, bite the crap out of it!"

12 Surprise them with a clean house.

13 Write a love letter to a loved one.



14 Extra points for not quoting another author.

15 Give them a cherished book.

16 Bake cookies.

17 Praise them publicly.

18 Just not on Facebook, if they're not into that. Keep it amongst friends.

19 Thank a co-worker for a job well done.

20 Listen.

21 Be there when they're in need.

22 Give someone an unexpected hug.

23 Spend time with them.

24 Get into a TV series together. We recommend Community or Breaking Bad on DVD.

25 Do errands or chores for them.

26 Say I love you. Again, only to someone who might want you to.

27 Be proud of them.

28 Babysit if they need it.

29 House sit if they need you to.

30 Help them get ahead.

31 Focus on their weaknesses and offer solutions. One friend who had trouble managing his workload loved rescuetime.com, a site that increases your productivity by segmenting your hours.

32 If you're a co-worker, write a testimonial on someone's LinkedIn page.

33 Buy them movie tickets.

34 Create a care package.

35 Include chocolate.

36 Coffee. Mmmm.

37 List the things you love about them.

38 Secretly leave them thank-you notes.

39 ...in places that will surprise them, like in the medicine cabinet, their shoes, a jewellery box, the back of a closet.

40 Give a back rub when appropriate.

41 Deliver a nice lunch to them. Just nothing processed, as those foods have been shown to induce depression.

42 Love them, completely.

LEO BABAUTA/ ZENHABITS.NET/ METRO PANEL

3 life

Young vamps

Vampires have come to Dundurn, Sask.

The small town is the setting for the new movie Rufus, a coming-of-age teen vampire drama written, directed and produced out of Saskatoon.

It stars Canadian actress Kelly Rowan, best known from the hit TV show The O.C.; Saskatchewan native Kim Coates from Sons of Anarchy; and British newcomer Rory Saper as Rufus, a lonely teen fanger who longs to be human.

Producer Anand Ramayya says director David Schultz visited many towns before choosing Dundurn as the kind of place where his young vampire protagonist could "try to find himself."

THE CANADIAN PRESS

Dad guns down daughter's laptop after Facebook rant

3 week sugar detox

Here is the groundbreaking natural mulberry tablet – to end your sugar addictions!

Anne's story: "I love sodas, chips, candy and chocolate. Admittedly, I let sugar control my eating habits. Whenever I was tired, I would grab some sweets from my bag, and in the evenings, I would get tempted by chocolate and ice cream. I felt like a sugar junkie and I was growing out of my clothes."

I lacked willpower

"I stopped by my health food store one day to get some help. The storeowner was not surprised about my problems with sugar. He explained that when we eat simple sugars, our blood sugar can fluctuate too much and that can create more hunger and the accommodating weight gain.

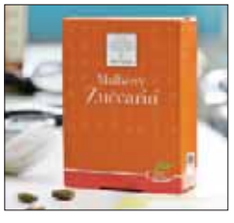
He suggested that I try a 3-week "sugar detox" using a new supplement called Mulberry Zuccarin. "It will help stabilize your blood sugars naturally by cutting the amount of calories you uptake", he explained, "and stable blood sugar helps you control your sugar cravings."

Cheating the sugar – with Mulberry Zuccarin

"I followed the storeowner's advice and took one tablet with each meal that contained carbohydrates. The mulberry extract would block the calories in the carbohydrates from being fully digested. In other words, I could "cheat" with Zuccarin. So I could eat carbohydrates and not have to worry so much about my weight. I liked that idea!"

Suddenly, I felt it work

"As the days went by, and I kept taking my Zuccarin tablets, I noticed that the health store owner was right. I thought less about sugar now! By the end of the second week, my energy had increased and I started to feel great. I had actually changed my eating habits with Mulberry Zuccarin, and as a bonus, I started to fit into my old clothes again. Hurrah!"



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I need carbs to feel good	☐	☐
My energy level is low	☐	☐
With age, I've gained weight gradually	☐	☐
I cannot stay on a diet for long	☐	☐
I don't lose weight as easily as I used to	☐	☐

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Rose Reisman's Choose It And Lose It

For many of us, ordering appetizers is a natural part of the restaurant experience. Be careful with the deep fried options that you choose.

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[FOR MORE, VISIT ROSEREISMAN.COM]

Treats for little hands

Make these Medjool Date Ice Cream Bonbons with the kids

NATURAL DELIGHTS MEDJOOL DATES

▶ This recipe serves four.

Preparation:

1. Line a large baking sheet with parchment paper. Toast almonds in a small frying pan over medium heat for about 2 minutes or until fragrant and golden. Let cool completely.
2. Working in small batches to keep ice cream frozen, stuff a few almond slices into each Medjool date and then fill with about 1 ½ tsp (7 mL) ice cream. Place stuffed dates on baking sheet. Place in freezer.
3. When Medjool dates are frozen, remove from freezer and dip in melted chocolate. Return to baking sheet and freeze.
4. Serve on a platter, garnished with remaining almonds and dusted with icing sugar, if using.

NATURAL DELIGHTS MEDJOOL DATES/ THIS RECIPE WAS ADAPTED FOR METRO NEWS BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR & TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

- 3 tbsp (45 mL) sliced almonds, toasted
- 8 large Medjool Dates, pitted
- ¼ cup (50 mL) vanilla ice cream
- 3 oz (90 g) milk chocolate, melted
- Icing sugar (optional)

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Now your toaster can go to a better place

Program recycles small appliances Paid for with fees on new items

BEN KNIGHT
LIFE@METRONEWS.CA

Your alarm clock broke. Your electric toothbrush fizzled out. Your microwave oven isn't big enough and it's time for a replacement.

What, exactly, are we supposed to do with our broken or obsolete small appliances?

In British Columbia, there's a new, province-wide program called Unplugged. It is already diverting a significant number of unwanted gizmos away from overtaxed landfill sites.

"It provides a free collection and recycling system available to all British Columbians, where they can drop off and have their small appliances recycled," says Jordan Best of the Canadian Electrical Stewardship Association.

"We have over 120 depots across British Columbia, where people can take their small appliances to be dropped off."

2M

Estimated number of discarded small appliances that were ending up in British Columbia landfills every year.

Toasters, blenders and irons all contain materials that can be usefully recycled, which could become dangerously toxic buried forever in the ground.

And the numbers are staggering. It's estimated that British Columbians throw out an astronomical two million such devices every year.

"Half the battle is just getting people aware that the program exists," Best explains.

"I don't think there is anyone that is particularly excited about throwing their electric toothbrush or hair dryer or microwave in the garbage. People don't get any benefit from that.

"It really doesn't take much more effort to drop it off at the recycling depot."

The program is paid for through modest recycling fees charged on the purchase of any new device. Drop-off — anywhere in the province — is simple, and free.

"Our target is to collect and recycle as many of these as we can, keep them out of the landfill, and obviously to achieve a better environmental outcome."

Right now, Unplugged is only available in British Columbia. But the business model is simple and streamlined, and should be easy to duplicate should the B.C. program prove an effective, popular success.

"It's been going well," notes Best.

YOU HAVE 10 DAYS TO ENSURE THIS GENERATION OF CHILDREN LIVE AS LONG AS THEIR PARENTS.
Please donate this February at heartandstroke.ca and make death wait.
HEART & STROKE FOUNDATION

ISTOCK PHOTOS

▶ Items like the ones pictured here can contain toxic materials.

"We've had over 100 tons collected each month that the program has been operating. That's a lot of tonnage. We think, we hope and we assume that those numbers will increase in the coming years."

For more information, be sure to check out unpluggedrecycling.ca.

HOW YOUR TEETH CAN BE GREEN & CLEAN

What's the eco-friendliest toothbrush? *Cara of Vancouver*

QUEEN OF GREEN

LINDSAY COULTER
GREEN@METRONEWS.CA

Well, that depends on your preference of hard versus soft — boar bristles are stiffer than horse hair! I'm half kidding.

Until 1938, toothbrushes had bone handles and animal hair bristles. Today, nylon bristles adorn plastic handles and most of us send at least four of these to the landfill each year.

On a plastic diet but not vegan? You could try the boar hair bristle option. Two reviews I dug up: "you get used to the wet pig taste" and "gross."

Another plastic-free option is The Environmental Toothbrush™ from Australia. Its bamboo handle and polymer bristles are compostable and biodegradeable.

In Vancouver, you can find them at The Soap Dispensary on Main Street for five bucks.

What if last week's number five yogurt container turned into your next toothbrush? Meet Preserve.

This company's toothbrush handles (and razors) are made in the States from 100 per cent recycled plastic. And you can send the toothbrush back for recycling as part of their Gimme Five program.

Learn more at Preserve-Products.com.

Radius makes Source toothbrushes with replaceable heads. And the reusable handle is made from flax, recycled plastic or old dollar bills!

Eco-dent takes a similar approach; their TerraDent toothbrush has replaceable heads with a handle to last a lifetime.

Both replaceable head options mean less plastic destined for the landfill.

Deep in my backyard compost bin I'm testing the biodegradability of a Clean Idea™ bioplastic toothbrush.

The resins is made from corn, wheat, tapioca and potato starches. They are certified as biodegradable and compostable in the U.S. and Europe, and meet BPI (Biodegradable Products Institute) standards for compostability, and European Bioplastics standards.

ISTOCK PHOTOS

▶ There are lots of eco-friendly toothbrushes.

By the time you read this, there will be more eco-friendly toothbrush choices on store shelves.

Stay vigilant, experiment, and ask questions of each company! And never flush your floss — it's a water treatment plant worker's nightmare.

David Suzuki Foundation

Relationships at home, with peers key to teens' mental health: Study

Students who reported stronger relationships also reported a healthier state of mental health

Interpersonal relationships at home, school and with peers appear to be critical for positive mental health among young Canadian teens, a major study suggests.

The survey-based examination of more than 26,000 students in Grades 6 to 10 is the latest in a series of studies since 1989-90 that takes the pulse of Canadian adolescents for comparison with their peers of the same age in more than 40 other countries.

"We focused it on mental health for a reason," said John Freeman, director of the social program evaluation group at Queen's University, and a study co-author. "Mental health is a large issue for Canada's young people right now."

While adults often believe that teens' most critical relationships are with people their own age, Freeman said the study found that connections with adults also are important.

For instance, adolescents who reported finding it "very difficult" or "difficult" to converse with their mother are far more likely to have high levels of emotional problems than those who find it "easy" or "very easy" to talk to their moms.

THE CANADIAN PRESS

Mental health

The study also found:

- Mental health suffers as young people move from Grade 6 through 10, especially for girls.
- Higher proportions of young people reported being bullied. Freeman said the study suggests about 60 per cent of respondents had been victims of various kinds of bullying.
- Alcohol and cannabis are the most commonly used substances among Canadian youth. A significant percentage of students have used alcohol and cannabis at least once by the time they reach Grade 10.

ISTOCK IMAGES

▶ Researchers found that about one-fifth of boys and one-third of girls reported feeling depressed or low on a weekly basis or more often.

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From single mom to successful prosecutor

Woman funds education through grants, bursaries and part-time jobs

CONTRIBUTED

Jeunesse Hosein

TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Growing up in Trinidad and Tobago, Jeunesse Hosein came to Canada following an arranged marriage.

Working as a records clerk and raising a daughter, Jeunesse realized she wanted more out of life. She left her arranged marriage and began studying to become a lawyer.

Funding her education through grants, bursaries and part-time jobs, the single mother even had to go on social assistance to make ends meet. Finally, after many years of hardship, Hosein became a successful prosecutor and now runs her own practice.

"Keep focused on your goals because it helps through times of stress and negativity. Live now and don't forget to laugh. It is the cure for almost everything on earth," she said.

Hosein's tips

- Breathe. It can lead to breakthroughs and transport you to changes in your life.
- Network and build strategic alliances with resources.
- Have a support system. It always helps to pick up the phone and call a friend.

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4 sports

NBA. New York

▶ Jeremy Lin reacts with Knicks teammate Jared Jeffries during a game against the Mavericks at Madison Square Garden on Sunday.

CHRIS TROTMAN/GETTY IMAGES

Lin comes up big against Mavericks

Jeremy Lin had 28 points and a career-high 14 assists, Steve Novak made four three-pointers in the fourth quarter and the New York Knicks ended the Dallas Mavericks' six-game winning streak with a 104-97 victory Sunday.
J.R. Smith scored 15 points in his Knicks debut and Novak had all of his 14 in the final period as New York won for the eighth time in nine games.

THE ASSOCIATED PRESS

Quoted

"I don't really follow all those rumours. I worry about right now, and right now I've got a game to play in a couple of hours."

COLUMBUS BLUE JACKETS STAR RICK NASH, SPEAKING TO REPORTERS IN NEW YORK ON SUNDAY AHEAD OF A GAME AGAINST THE RANGERS, ONE OF THE TEAMS RUMOURED TO BE IN THE RUNNING TO TRADE FOR HIM.

Scan code for more sports news.

Rotation the key for Jays

As team gets ready to begin spring training, hopes for future hang on starting pitching

All eyes watching the Blue Jays, whose reporting dates for spring training finally arrive this week, are expected to focus on a key area over the next six weeks: Starting pitching.

As club president Paul Beeston recently noted, the club will "go as far as its starting pitching" allows it to go. With the organization eyeing itself as more and more competitive this year through 2015, starting pitching will become the foundation upon which all that promise will rest.

As spring training finally arrives — reporting dates are Wednesday for pitchers and catchers and Saturday for the full squad — starting pitching is the one area of the team in which there could be an honest and interesting competition.

Others include the battle for left field — between Travis Snider and Eric Thames for now (unless Anthony Gose tears the cover off the ball during the spring training games) — and which among a group of at least five major-league-worthy bench players make the team.

The bullpen could also see jockeying, depending on how many left-handers the club sees fit to carry.

There are, of course, many other intangibles with the roster. You'd expect a spot will be made for Omar Vizquel.

But this spring should be largely about starting pitching. It will also be about sorting out those other battles while giving a long look at some of the organization's brightest prospects for the future.

Consider that GM Alex Anthopoulos took heat for what was perceived as a disappointing winter. The Jays lost out on Yu Darvish. They bowed out of the Prince Fielder chase, based on the organization's policy of a five-year limit on rich free-agent contracts. They were rebuffed by other free agents and trade potentials like Koji Uehara and Roy Oswalt.

Those developments followed the winter of 2010, when the organization also met with rejections from free agents Carl Crawford and Cliff Lee.

Anthopoulos' five-year rule on free agents, though, is in fact well-founded. Many industry experts feel that once a player with a multi-year deal (Fielder signed for nine years) reaches 30, a club is actually signing him through declining years.

The Jays also continue to rank (with Tampa and San Diego) as one of the best developmental organizations in baseball and to make strides in Latin America. Once that stockpile of talent arrives over the next year or two, the club should be in position to spend or trade for a superstar player who could put them over the top as true contenders.

This spring training, while primed to sort out those positional battles, will bring that stockpile of future talent into the immediate picture like never before. This spring is about not only 2012 but about the next two to three seasons to come.

TORSTAR NEWS SERVICE

Who will start?

Depending on your ranking system, Ricky Romero, Brandon Morrow, Brett Cecil, Dustin McGowan and Henderson Alvarez shape up as the starting five.

- **Kyle Drabek** could be an interesting wild card. The Jays coaching staff have worked with him on his delivery and his tendency to get overly serious and try to throw too hard when he gets into trouble.
- **Cecil** is expected to come to camp reflecting the benefits of an off-season weight loss and training regimen.
- **Alvarez's** solid showing as a call-up last year and **McGowan's** triumphant return to the majors after several years of shoulder battles should keep those two on the inside track.

Raonic does it again

Thornhill tennis star repeats as SAP Open champ in San Jose

Milos Raonic captured a second straight SAP Open championship Sunday, rolling past Denis Istomin of Uzbekistan 7-6 (3), 6-2 behind a powerful serve nobody in San Jose could solve.

Raonic ripped only seven aces in the final but took control of points from the start, turning the tournament into a serving exhibition in the climate-controlled conditions of an indoor arena. The six-foot-five Canadian has dropped only two service games in two years in San Jose.

"I feel amazing. It's definitely a different feeling from the first time last year. I think I'm more aware and more appreciative of the moment," the Thornhill native told the crowd in an on-court interview.

▶ Milos Raonic watches a return to Denis Istomin.

After hip surgery following a slip on Wimbledon's grass last year stalled his season, Raonic is rising rapidly again. The 21-year-old began the tournament ranked 32nd and will head to Memphis next week as one of the favourites.

Raonic relied on his powerful, penetrating serve to punish his opponent again.

At the start of the sixth game, Raonic unleashed a 240 km/h ace past Istomin that drew stunned roars from the crowd. Istomin challenged the point — perhaps just to try to shake up his opponent — on a ball that clearly landed inside the line, even chuckling as he watched the videoboard while setting up for the next point.

That's about all he could do.

Last year, Raonic became the first Canadian to win an ATP Tour title since Greg Rusedski won in South Korea in 1995. Now he has three career singles titles and is again making a name for himself on the circuit.

THE ASSOCIATED PRESS

Big names

Raonic joins Andy Murray (2006-07), Andy Roddick (2004-05), Mark Philippoussis (1999-2000) and Pete Sampras (1996-97) as recent back-to-back champions in San Jose.

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NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	56	37	14	1	4	158	114	79	18-7-0-2	19-7-1-2	7-2-0-1	L1
d-Boston	57	35	20	1	1	190	132	72	18-10-1-1	17-10-0-0	4-6-0-0	L2
d-Florida	58	27	20	5	6	144	162	65	14-8-1-6	13-12-4-0	5-5-0-0	L3
New Jersey	58	34	20	1	3	164	159	72	16-10-0-3	18-10-1-0	8-1-0-1	W3
Philadelphia	58	32	19	2	5	193	177	71	14-10-1-4	18-9-1-1	3-5-0-2	L1
Pittsburgh	59	33	21	2	3	184	160	71	17-8-2-0	16-13-0-3	5-4-0-1	L1
Ottawa	60	30	22	6	2	179	183	68	15-11-2-1	15-11-4-1	3-5-2-0	W2
Toronto	59	29	24	3	3	178	180	64	16-9-2-2	13-15-1-1	4-5-0-1	L1
Washington	58	29	24	2	3	159	163	63	19-8-0-2	10-16-2-1	3-5-1-1	L1
Winnipeg	60	28	26	3	3	148	169	62	17-9-0-2	11-17-3-1	6-4-0-0	W2
Tampa Bay	58	26	26	3	3	163	195	58	17-9-1-1	9-17-2-2	5-3-2-0	W2
NY Islanders	58	25	25	5	3	138	163	58	13-13-5-0	12-12-1-2	6-3-0-1	W1
Montreal	60	24	26	2	8	160	164	58	11-13-2-6	13-13-0-2	5-4-0-1	L1
Buffalo	59	25	27	3	4	148	175	57	14-11-3-4	11-16-0-0	5-3-0-2	W1
Carolina	59	22	26	7	4	153	181	55	15-12-0-3	7-14-7-1	5-2-3-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Detroit	60	41	17	1	1	190	139	84	26-2-1-0	15-15-0-1	8-1-0-1	W6
d-Vancouver	58	37	15	0	6	189	142	80	18-6-0-4	19-9-0-2	8-0-0-2	W3
d-San Jose	57	31	19	4	3	167	142	69	18-9-2-0	13-10-2-3	4-5-1-0	L3
St. Louis	59	36	16	1	6	150	117	79	26-3-1-3	10-13-0-3	7-3-0-0	L1
Nashville	59	34	19	3	3	165	154	74	18-7-2-2	16-12-1-1	5-3-0-2	W1
Chicago	60	32	21	4	3	189	178	71	20-6-1-3	12-15-3-0	3-6-1-0	W3
Phoenix	59	29	21	3	6	152	147	67	15-10-2-2	14-11-1-4	8-1-0-1	W2
Calgary	59	28	22	5	4	142	155	65	16-8-1-1	12-14-4-3	5-2-2-1	W1
Los Angeles	59	27	21	5	6	124	126	65	15-13-0-4	12-8-5-2	4-5-1-0	L2
Dallas	59	29	26	1	3	152	167	62	16-12-0-2	13-14-1-1	3-5-1-1	L2
Colorado	59	29	26	3	1	150	163	62	16-13-0-1	13-13-3-0	3-5-1-1	W1
Minnesota	59	26	24	2	7	131	154	61	14-10-1-3	12-14-1-4	2-6-0-2	W1
Anaheim	59	25	24	4	6	152	168	60	15-13-2-0	10-11-2-6	6-1-1-2	W1
Edmonton	57	22	29	2	4	151	172	50	15-9-2-2	7-20-0-2	5-3-1-1	L2
Columbus	58	17	35	1	5	134	192	40	10-16-1-2	7-19-0-3	4-6-0-0	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
New Jersey 3 Montreal 1
Anaheim 2 Florida 0
Buffalo 6 Pittsburgh 2
Chicago 3 St. Louis 1
Detroit 3 San Jose 2
Minnesota 2 Boston 0
Nashville 3 Dallas 2
Columbus at N.Y. Rangers
Colorado at Winnipeg
Vancouver at Edmonton
Saturday's results
Calgary 1 Los Angeles 0
Vancouver 6 Toronto 2
Chicago 6 Columbus 1
N.Y. Islanders 4 Carolina 3
Phoenix 2 Dallas 1 (OT)
Pittsburgh 6 Philadelphia 4
St. Louis 4 Minnesota 0
Tampa Bay 2 Washington 1

Today's games
All Times Eastern
Ottawa at N.Y. Islanders, 1 p.m.
Washington at Carolina, 7 p.m.
Tomorrow's games
N.Y. Islanders at Buffalo, 7 p.m.
New Jersey at **Toronto**, 7 p.m.
N.Y. Rangers at Pittsburgh, 7 p.m.
San Jose at Columbus, 7 p.m.
Dallas at Montreal, 7:30 p.m.
Anaheim at Tampa Bay, 7:30 p.m.
Vancouver at Nashville, 8 p.m.
Philadelphia at Winnipeg, 8:30 p.m.
Detroit at Chicago, 8:30 p.m.
Edmonton at Calgary, 9 p.m.
Los Angeles at Phoenix, 9 p.m.
Wednesday's games
Washington at Ottawa, 7 p.m.
Boston at St. Louis, 8 p.m.
Los Angeles at Colorado, 9 p.m.

DEVILS 3, CANADIENS 1

First Period
1. New Jersey, Parise 22 (Kovalchuk, Henrique) 18:03
Penalty — Volchenkov NJ (hooking) 2:06.
Second Period
2. New Jersey, Clarkson 22 (Elias, Sykora) 19:42
Penalty — Clarkson NJ (interference) 10:54.
Third Period
3. Montreal, Pacioretty 25 (Kaberle, Desharnais) 1:46 (pp)
4. New Jersey, Taormina 1 (Fayne) 8:27
Penalty — Zubrus NJ (hi-sticking) 0:38.
Shots

New Jersey	12	7	6	25
Montreal	4	9	9	22

Goal — New Jersey: Brodeur (W,21-13-2); Montreal: Price (L,22-21-9). **Power plays (goals-chances)** — New Jersey: 0-0; Montreal: 1-3. **Referees** — Frederic L'Ecuyer, Tim Peel. **Linesmen** — Pierre Champoux, Jean Morin. **Attendance** — 21,273 (21,273) at Montreal.

SATURDAY

CANUCKS 6, MAPLE LEAFS 2

First Period
1. Vancouver, Burrows 21 (D.Sedin) 7:49
2. Vancouver, Malhotra 6 (Lapierre, Bitz) 9:16
Penalties — None.
Second Period
3. Vancouver, Burrows 22 (D.Sedin, H.Sedin) 3:18
4. Toronto, Phaneuf 9 (Kessel, Liles) 6:02
5. Vancouver, D.Sedin 25 (H.Sedin) 11:14
6. Vancouver, Salo 7 (D.Sedin, H.Sedin) 12:28 (pp)
Penalties — Hodgson Vcr (hooking) 8:19, MacArthur (holding) 11:50.
Third Period
7. Vancouver, Bieksa 6 (Hansen, H.Sedin) 8:25
8. Toronto, Kulemin 6 (Schenn, MacArthur) 19:40
Penalties — Rome Vcr (roughing) 9:09, Kessel Tor (tripping) 16:56.
Shots

Toronto	4	10	12	26
Vancouver	11	12	13	36

Goal (shots-saves) — Toronto: Reimer (L,11-8-4)(18-14), Gustavsson (11:14 second, 18-16); Vancouver: Luongo (W,25-10-6). **Power plays (goals-chances)** — Toronto: 0-2; Vancouver: 1-2. **Referees** — Dennis LaRue, Chris Lee. **Linesmen** — Derek Nansen, Don Henderson. **Attendance** — 18,890 (18,810) at Vancouver.

FLAMES 1, KINGS 0

First Period
No Scoring.
Penalties — Jackman Cal (interference) 5:53, Greene LA (slashing) 10:07.
Second Period
No Scoring.
Penalties — Cammalleri Cal (hooking) 4:38, Sarich Cal (interference) 18:36.
Third Period
1. Calgary, Cammalleri 14 (Kostopoulos) 4:03
Penalties — None.
Shots

Calgary	10	2	6	18
Los Angeles	9	12	7	28

Goal — Calgary: Kiprusoff (W,27-17-5); Los Angeles: Quick (L,24-16-10). **Power plays (goals-chances)** — Calgary: 0-1; Los Angeles: 0-3. **Referees** — Francis Charron, Brad Watson. **Linesmen** — Brad Lazarowich, Matt MacPherson. **Attendance** — 18,118 (18,118) at Los Angeles.

SOCCER

ENGLAND

FA CUP
FIFTH ROUND
Yesterday's results
Crawley 0 Stoke 2
Stevenage 0 Tottenham 0
Liverpool 6 Brighton 1

ITALY

SERIE A
Yesterday's results
Cesena 1 AC Milan 3
Genoa 0 Chievo Verona 1
Lecce 4 Siena 1
Novara 0 Atalanta 0
Palermo 5 Lazio 1
Roma 1 Parma 0
Udinese 0 Cagliari 0

SPAIN

LA LIGA
Yesterday's results
Athletic Bilbao 3 Malaga 0
Barcelona 5 Valencia 1
Granada 4 Real Sociedad 1
Levante 3 Rayo Vallecano 5
Mallorca 4 Villarreal 0
Sporting Gijon 1 Atletico Madrid 1

TENNIS

ATP SAP OPEN
At San Jose, Calif.
Singles — Championship
Milos Raonic (3), Thornhill, Ont., def. Denis Istomin, Uzbekistan, 7-6 (3), 6-2.
Doubles — Championship
Mark Knowles, Bahamas, and Xavier Malisse (4), Belgium, def. Kevin Anderson, South Africa, and Frank Moser, Germany, 6-4, 1-6, 10-5 tiebreak.

WTA QATAR TOTAL OPEN
At Doha, Qatar
Singles — Championship
Victoria Azarenka (1), def. Sam Stosur (3), Australia, 6-1, 6-2.
Doubles — Championship
Liezel Huber and Lisa Raymond (1), U.S., def. Raquel Kops-Jones and Abigail Spears, U.S., 6-3, 6-1.

ATP WORLD TOUR ABN AMRO
At Rotterdam, Netherlands
Singles — Championship
Roger Federer (1), Switzerland, def. Juan Martin del Potro (2), Argentina, 6-1, 6-4.
Doubles — Championship
Michael Llodra, France, and Nenad Zimonjic (2), Serbia, def. Robert Lindstedt, Sweden, and Horia Tecau (3), Romania, 4-6, 7-5, 16-14 (tiebreak).

ATP BRASIL OPEN
At Costa Do Sauipe, Brazil
Singles — Championship
Nicolas Almagro (1), Spain, def. Filippo Volandri, Italy, 6-3, 4-6, 6-4.
Doubles — Championship
Eric Butorac, U.S., and Bruno Soares (1), Brazil, def. Michal Mertinak, Slovakia, and Andre Sa (4), Brazil, 3-6, 6-4, 10-8 (tiebreak).

WTA COPA BBVA COLSANITAS
At Bogota, Colombia
SUNDAY
Singles — Championship
Lara Arruabarrena-Vecino, Spain, def. Alexandra Panova, Russia, 6-2, 7-5.
SATURDAY
Doubles — Championship
Eva Birnerova, Czech Republic, and Alexandra Panova (1), Russia, def. Mandy Minella, Luxembourg, and Stefanie Voegele, Switzerland, 6-2, 6-2.

GOLF

NORTHERN TRUST OPEN
At Los Angeles
Par 71 — Final Round
(x—won on second playoff hole)

x-Bill Haas, $1,188,000	72-68-68-69—277
Phil Mickelson, $580,800	66-70-70-71—277
Keegan Bradley, $580,800	71-69-66-71—277
Sergio Garcia, $259,875	69-76-70-64—279
Jimmy Walker, $259,875	72-66-72-69—279
Jarrod Lyle, $259,875	73-65-71-70—279
Dustin Johnson, $259,875	71-70-67-71—279
Bo Van Pelt, $191,400	74-68-68-70—280
J.B. Holmes, $191,400	67-73-70-70—280
Jonathan Byrd, $191,400	68-70-69-73—280
Also	
Graham DeLaet, $20,513	**73-68-73-74—288**
David Hearn, $20,513	**70-73-74-71—288**

LPGA HONDA THAILAND
At Pattaya, Thailand
Par 72 — Final Round

Yani Tseng, $225,000	73-65-65-66—269
Ai Miyazato, $140,688	67-70-65-68—270
Jiyai Shin, $102,059	70-66-68-67—271
Amy Yang, $78,951	68-69-68-69—274
Jimin Kang, $49,297	70-72-69-67—278
Shanshan Feng, $49,297	70-70-70-68—278
Amanda Blumenherst, $49,297	71-67-71-69—278
Stacy Lewis, $49,297	70-69-69-70—278

CURLING

SCOTTIES TOURNAMENT OF HEARTS
At Red Deer, Alta.

Province (skip)	W	L
Ontario (Horgan)	2	0
Canada (Holland)	2	0
B.C. (K.Scott)	2	0
NWT/Yukon (Galusha)	2	1
Manitoba (J.Jones)	2	1
Saskatchewan (Englot)	2	1
Alberta (Nedohin)	1	1
New Brunswick (Atkinson)	1	2
P.E.I. (Dolan)	1	2
Quebec (Larouche)	1	2
Nova Scotia (Smith-Dacey)	0	3
N.L. (H.Strong)	0	3

Yesterday's results
Third Draw
Manitoba 9 P.E.I. 8
New Brunswick 8 Quebec 7
Northwest/Yukon Territories 10 Nova Scotia 5
Saskatchewan 10 Newfoundland & Labrador 7
Fourth Draw
Alberta 8 Manitoba 6
British Columbia 10 Saskatchewan 8
Canada 6 New Brunswick 5
Ontario 10 Nova Scotia 3
Fifth Draw
Canada vs. Alberta; Northwest/Yukon Territories vs. Newfoundland & Labrador; P.E.I. vs. Quebec; British Columbia vs. Ontario.
Saturday's results
First Draw
Ontario 7 P.E.I. 6 (extra end)
British Columbia 7 Quebec 6 (extra end)
Northwest/Yukon Territories 8 Alberta 7 (extra end)
Canada 7 Newfoundland & Labrador 4
Second Draw
Quebec 7 Newfoundland & Labrador 5
Saskatchewan 7 Nova Scotia 5
Manitoba 7 New Brunswick 3
P.E.I. 9 Northwest/Yukon Territories 5
Today's games
All Times Eastern
Sixth Draw, 10:30 a.m.
Ontario vs. Alberta; British Columbia vs. Canada.
Seventh Draw, 3:30 p.m.
Northwest/Yukon Territories vs. New Brunswick; Nova Scotia vs. Quebec; Newfoundland & Labrador vs. Manitoba; P.E.I. vs. Saskatchewan.
Eighth Draw, 9:30 p.m.
Nova Scotia vs. British Columbia; Manitoba vs. Canada; Saskatchewan vs. Ontario; Alberta vs. New Brunswick.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Philadelphia	6	4	2	.667	69	77	—
Toronto	6	3	3	.500	69	70	1
Rochester	7	3	4	.429	90	86	1½
Buffalo	6	2	4	.333	70	76	2

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Colorado	6	6	0	1.000	83	73	—
Calgary	6	4	2	.667	74	65	2
Minnesota	6	3	3	.500	73	74	3
Edmonton	5	1	4	.200	52	51	4½
Washington	6	1	5	.167	58	76	5

WEEK SEVEN
Saturday's results
Calgary 12 Edmonton 8
Philadelphia 14 Toronto 8
Colorado 12 Minnesota 7
Rochester 15 Washington 12

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Miami	25	7	.781	—
d-Chicago	25	8	.758	½
d-Philadelphia	20	12	.625	5
Orlando	20	12	.625	5
Atlanta	19	12	.613	5½
Indiana	19	12	.613	5½
Boston	15	15	.500	9
New York	16	16	.500	9
Milwaukee	13	18	.419	11½
Cleveland	12	17	.414	11½
Detroit	11	22	.333	14½
Toronto	9	23	.281	16
New Jersey	9	24	.273	16½
Washington	7	24	.226	17½
Charlotte	4	27	.129	20½

WESTERN CONFERENCE

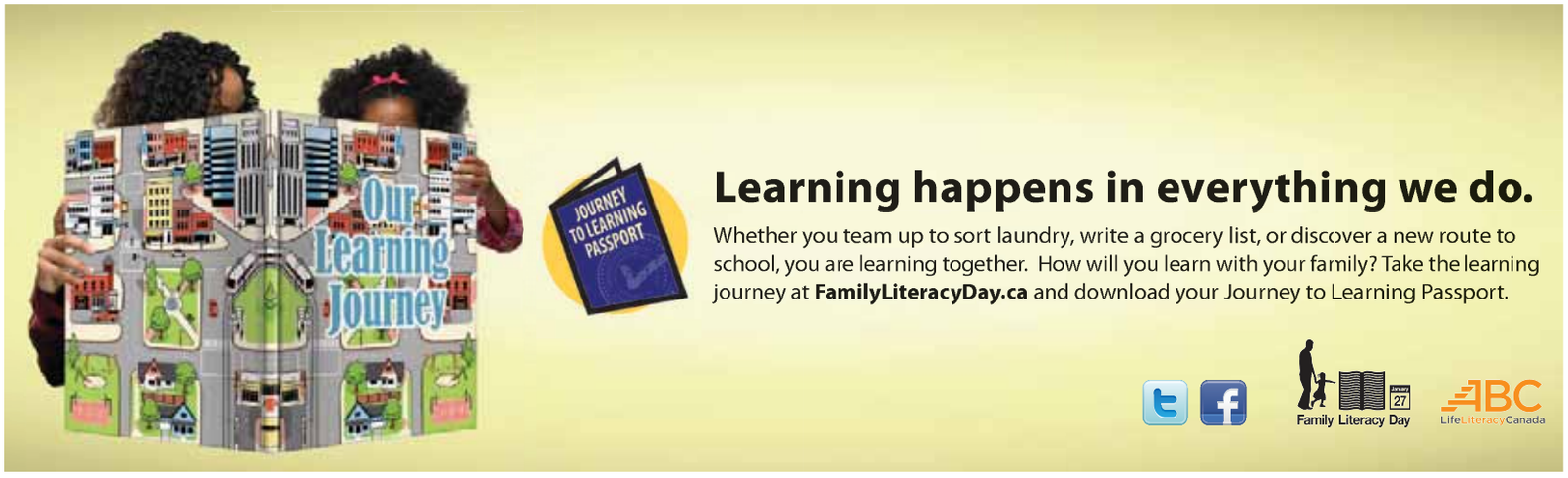
	W	L	Pct	GB
d-Oklahoma City	23	7	.767	—
d-San Antonio	22	9	.710	1½
d-L.A. Clippers	19	10	.655	3½
Dallas	20	12	.625	4
L.A. Lakers	18	12	.600	5
Memphis	18	14	.563	6
Houston	18	14	.563	6
Denver	17	14	.548	6½
Portland	17	15	.531	7
Utah	15	15	.500	8
Minnesota	16	16	.500	8
Golden State	11	17	.393	11
Phoenix	12	19	.387	11½
Sacramento	10	21	.323	13½
New Orleans	7	23	.233	16

d — division leaders ranked in top four positions regardless of record.

Yesterday's results
New York 104 Dallas 97
Miami 90 Orlando 78
Cleveland 93 Sacramento 92
Detroit 96 Boston 81
Indiana 108 Charlotte 73
Houston 101 Utah 85
Minnesota 92 Philadelphia 91
Milwaukee 92 New Jersey 85
L.A. Lakers at Phoenix
Denver at Oklahoma City
Saturday's results
San Antonio 103 L.A. Clippers 100 (OT)
New Jersey 97 Chicago 85
Memphis 104 Golden State 103
Portland 97 Atlanta 77
Today's games
All Times Eastern
Atlanta at Chicago, 4 p.m.
New Jersey at New York, 7:30 p.m.
Boston at Dallas, 8 p.m.
Memphis at Houston, 8 p.m.
New Orleans at Oklahoma City, 8 p.m.
Orlando at Milwaukee, 8 p.m.
Minnesota at Denver, 9 p.m.
Washington at Phoenix, 9 p.m.
San Antonio at Utah, 9 p.m.
L.A. Clippers at Golden State, 10:30 p.m.
Portland at L.A. Lakers, 10:30 p.m.
Tomorrow's games
Detroit at Cleveland, 7 p.m.
New Orleans at Indiana, 7 p.m.
Sacramento at Miami, 7:30 p.m.
Philadelphia at Memphis, 8 p.m.
San Antonio at Portland, 10 p.m.

NCAA BASKETBALL

AP MEN'S TOP 25
Yesterday's results
No. 2 Syracuse 74 Rutgers 64
No. 5 Duke 75 Boston College 50
No. 7 Michigan State 76 Purdue 62
No. 15 Wisconsin 65 Penn State 55
Iowa 78 **No. 18** Indiana 66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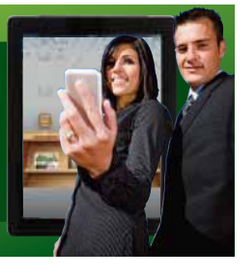

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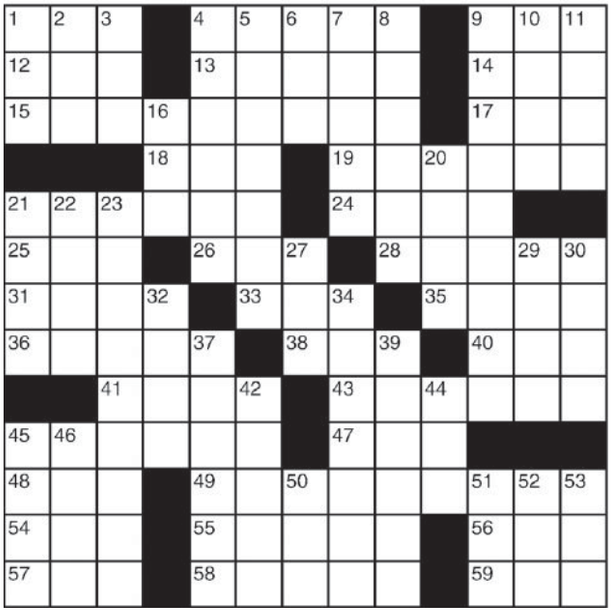

Across

1 Salary
4 Lying facedown
9 Wheel centre
12 "Born in the —"
13 Staffers
14 Yoko of music
15 Colorado mountain
17 Can metal
18 Definite article
19 Sloppy home
21 "Little — Annie"
24 Filth
25 Roman 7
26 Stitch
28 Propelled a rowboat
31 Catch sight of
33 Water barrier
35 Ancient Persian
36 Scatter anew
38 Not well-lit
40 How old you are
41 Witticism
43 Escaped, as liquid
45 Frothy dessert
47 Doctrine
48 Gorilla
49 1996 No Doubt hit
54 Meadow
55 Walking — (elated)
56 Beerlike beverage
57 Pen fluid
58 Chatty birds
59 Sunbather's goal

Down

1 Young pooch
2 "— was saying, ..."
3 Tibetan bovine
4 Turkish officials
5 Grew mature
6 Praise in verse
7 Some tides
8 Inuit
9 Long series of wins
10 One
11 Scrawny
16 Biblical verb ending
20 Agana's island
21 Finished
22 Get up
23 Weakling
27 Bankroll
29 Rim
30 Homeowner's document
32 Annie Lennox's "No More I Love —"
34 Armed citizenry
37 Insight
39 Plural of "Mr."
42 Indiana's state flower
44 Rock band's need, for short
45 West African nation
46 Unseal
50 A Bobbsey twin
51 Dine
52 — carte
53 Barbie's companion

▶ Friday's answer

I	L	K		L	O	S		A	R	R	O	Z		
C	O	L		O	R	E		M	O	O	R	E		
I	O	U		C	A	P	R	I	C	O	R	N		
E	F	T		A	C	T	O	R						
R	A	Z	Z		L	A	T		S	A	G	A		
			E	W	E		C	A	P	T	O	R		
A	G	I	L	E				K	E	M	P	T		
C	A	P	I	T	A		N	A	N					
S	L	O	G		W	H	O		D	A	S	H		
			K	N	O	B	S		L	E	A			
C	A	P	P	I	S	T	O	L		O	A	R		
O	P	T	I	C		E	D	O		H	R	S		
P	R	A	N	K		L	Y	E		A	S	H		

Sudoku

1	7						9	4
		2	4			5		
6			9		1			
8				5		4	1	
				3				
	6	5		4				2
			7		6			5
		6			4	9		
4	9						3	8

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

7	2	4	1	3	9	5	6	8
9	5	1	4	8	6	3	7	2
3	6	8	2	5	7	1	9	4
2	8	5	6	9	4	7	3	1
1	9	3	8	7	2	6	4	5
4	7	6	5	1	3	8	2	9
8	3	2	9	6	5	4	1	7
5	4	7	3	2	1	9	8	6
6	1	9	7	4	8	2	5	3

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

dook
tell me one more time, you never have to wonder if you really feel the way i feel. slowly it's taking over me. and i love what cha do cause you know your delicious right?
FROM HOOKER

u
i love you more than anything in the world <3 love your babygurl <3 wannna work this stuff out love you
FROM ME

You are wrong
love may leave you outwardly, but they never leave you inwardly
FROM I CALLED YOU FIRST

Love you
When peoples imperfections are seen it is easy to think bad of them, alas, one thing does not make everything else untrue.
FROM IMPERFECT

Today's horoscope

For today's crossword answers and for expanded horoscopes, visit metronews.ca

♈ Aries March 21-April 20
Try to do things today with someone you don't usually get along with.

♉ Taurus April 21-May 21
You may think you can complete certain tasks in record time but why would you want to when you can spread the work around?

♊ Gemini May 22-June 21
You have been working hard of late and deserve a break.

♋ Cancer June 22-July 22
Think about changes you would like to make in your domestic situation. And once you have decided what they are act quickly and decisively.

♌ Leo July 23-Aug.23
Anyone who does not take what you are trying to do seriously today can expect to feel the full force of your Leo displeasure.

♍ Virgo Aug. 24- Sept. 22
Don't take what you hear too seriously today because most likely you are hearing only half the story — and the other half makes it clear there is nothing to get worked up about.

♎ Libra Sept. 23-Oct. 23
Give yourself plenty of time to finish whatever plan or project you are currently working on.

♏ Scorpio Oct. 24-Nov. 22
The most important thing today is that you take pleasure in what you are doing.

♐ Sagittarius Nov. 23-Dec. 21
You will want to be on your own today and if that annoys certain people, well, it's just too bad.

♑ Capricorn Dec. 22-Jan. 20
Don't complain, don't explain and don't make excuses.

♒ Aquarius Jan. 21-Feb. 18
You may have to fight to get yourself noticed today but the effort will be worth it.

♓ Pisces Feb. 19-March 20
Face up to what troubles you today and before you know it your fears will no longer be of any relevance. **SALLY BROMPTON**

Caption contest

DAVID GUTTENFELDER/ THE ASSOCIATED PRESS

CRAIG RUTTLE/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

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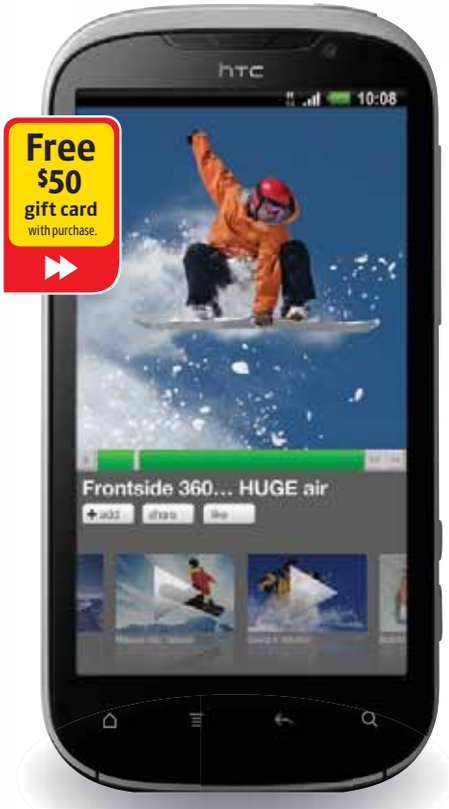

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